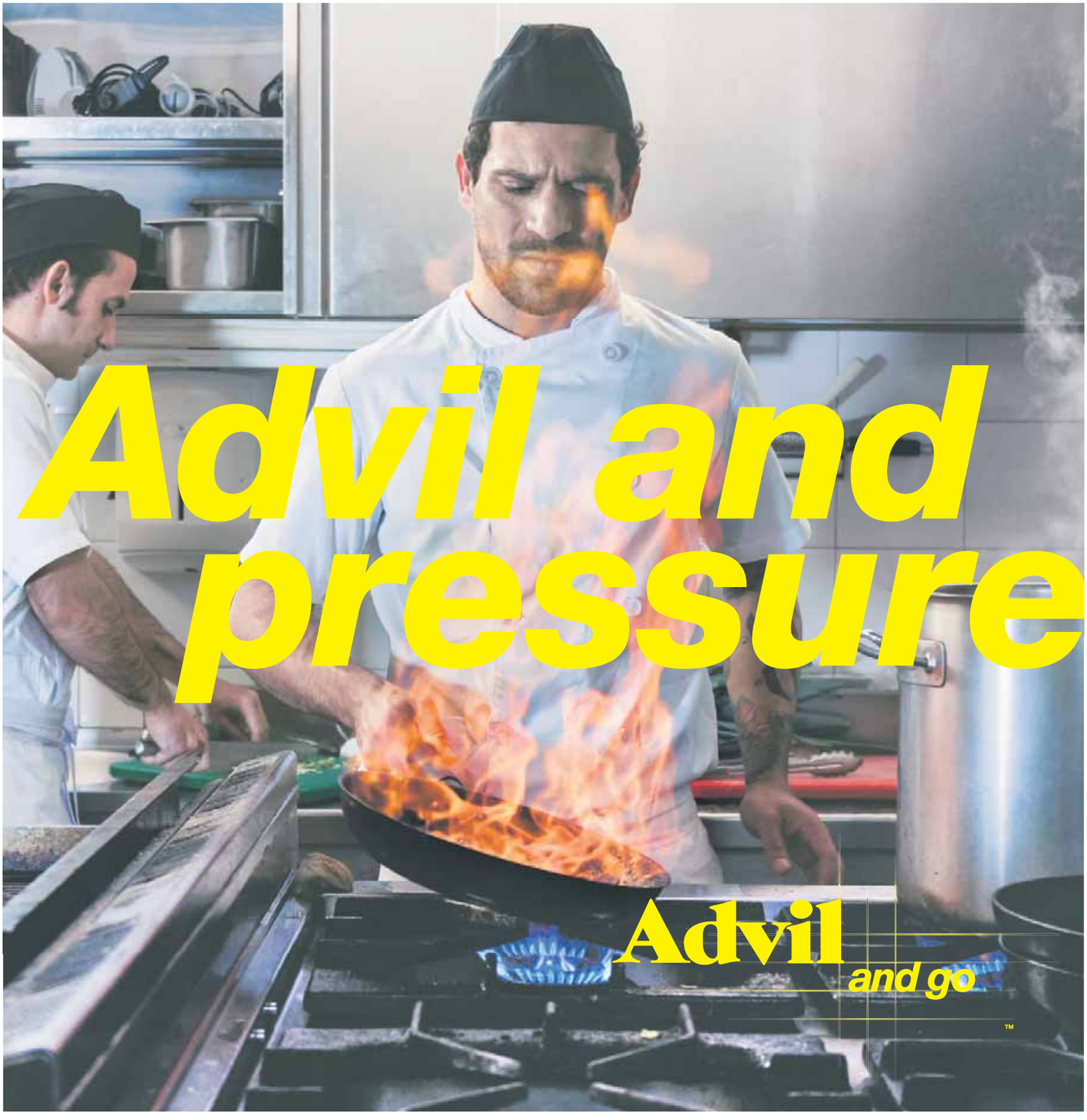
Toronto metro

TUESDAY, NOVEMBER 17, 2015



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Paris returns

Shaken but determined, The City of Light continues
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Your essential daily news | TUESDAY, NOVEMBER 17, 2015

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Sheen expected to address rumours

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'World free of barriers'

LIZ BEDDALL/METRO

Everyday Political Citizens

PART ONE Of A New Metro Series

Meet Luke Anderson.

He's working to make Toronto more accessible for everyone.

See Luke's story, page 6

CONSULTATION

Childcare common theme of wage gap

Jessica Smith Cross
Metro | Toronto

At a provincial consultation about the wage gap held in Toronto Monday, the discussion kept returning to a common theme: childcare.

Woman after woman spoke about the burden expensive childcare places on them, their families and their efforts to forge a career path.

The event was part of the government's search for a solution to the salary gap between men and women in Ontario.

Allyson Brook attended the consultation. JESSICA SMITH CROSS/METRO

Many women in attendance were early childhood educators and midwives. They said they came to the meeting because their fields are not as well paid as male-dominated ones.

The smaller paycheque makes it difficult to care for their own children, they said. "Try finding childcare when you are the childcare; it's exceedingly difficult," said one woman, who identified as an early childhood educator.

Ontario Principals' Council president Brian Serafini said unequal pay is still an issue in Ontario's education system.

Principals and vice-principals in the elementary system are paid less than those in the high school system, he said, because "historically, working in schools with elementary students was considered women's work."

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metro NEWS

Your essential daily news

U.S. startup to face Japanese firm in a battle for robot supremacy. **Business**

Sikh wrongly identified as 'one of the terrorists'

Paris

Brampton man's altered selfie goes viral

A Sikh Brampton man was mistakenly identified by a Spanish newspaper as "one of the terrorists" behind the Paris attacks after a doctored image went viral online.

La Razón newspaper apologized for printing Veerender Jubbal's photo on its Nov. 15 front page with the caption "one of the terrorists."

Jubbal, a 21-year-old from Brampton, said in a statement that the "past 48 hours have been deeply disturbing".

He highlighted the broader impact of the image going viral for the Sikh community, which he says has "faced significant violence and discrimination" in the aftermath of major terrorist attacks such as the one on Friday.

"I ask that the media outlets that ran my image immediately retract my photo and apologize, but also take the time to learn and educate their readers about the Sikh faith," he continued.

The original image, which Jubbal shared on Twitter in August, shows him taking a selfie with an iPad in front of a bathroom mirror. The edited image appears to show Jubbal holding a Quran and wearing a vest laden with explosives, with a sex toy in the background.

Canadian Veerender Jubbal, shown in a Tweeted photo, took to Twitter after a doctored photo of him began surfacing in international media with captions identifying him as a terrorist. TWITTER/THE CANADIAN PRESS

"When we paint entire faiths and communities with the same brushstroke, we further give terrorists exactly what they want," Jubbal said in Monday's statement.

"This false image is an opportunity for all of us to hopefully grow together in our shared understanding for one another."

Jubbal's doctored image was also shared by Italian television channel and Fox affiliate Sky TG24, with the caption: "ISIS sent a photo of the alleged kamikaze."

> **"I could be harmed and/or hurt due to this.**
> Veerender Jubbal

Twitter user @Danchrism pointed out the obvious flaw in the edited image.

"This should have all fallen apart instantly," he wrote. "If he's holding the Quran, what the hell took the picture?"

The image was created and tweeted as early as Aug. 15 this year.

"Let us start with the basics. Never been to Paris. Am a Sikh dude with a turban. Lives in Canada," he tweeted.

He posted that his family in India phoned to say they had seen it in the India Times and he was currently contemplating whether to sue.

"This whole thing puts me in a bad position in the sense, where I could be harmed and/or hurt due to this," he continued.

Jubbal is not the only person who has been misidentified as playing a role in the Paris attacks, which killed 129 people and injured hundreds of others on Friday.

An Egyptian man was initially declared a suspect in media reports after his passport was found near the body of one of the alleged assailants. He was later confirmed to be a victim after he was found injured in a hospital. TORSTAR NEWS SERVICE

PETERBOROUGH

Mosque fire a hate crime: Police

Peterborough police have called the firebombing of the city's only mosque a hate crime, while local residents managed to quickly raise enough money to repair the house of worship.

Meanwhile in Kitchener, police are investigating vandalism at a Hindu temple.

The incident follows the arson attack on the Masjid Al-Salaam mosque — which means Mosque of Peace — in Peterborough on Saturday night.

Investigators say they haven't drawn any link between these attacks and Friday's attacks in Paris that killed at least 129 people.

Damage to the mosque has been estimated at $80,000 — an amount surpassed by early Monday afternoon on the crowd-funding website FundRazr.

TORSTAR NEWS SERVICE

LATE NEWS

Paris attacks injured include Canadian

A Foreign Affairs spokeswoman confirmed Monday night that a Canadian was injured during the Paris attacks on Friday. Diana Khaddaj said in an email that Canadian consular officials in Paris were in contact with the family of the Canadian and were providing assistance, but no other information was released, for privacy reasons.

THE CANADIAN PRESS

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‘The heaviest burden of war’

THEATRE

Play based on true stories from war-torn regions

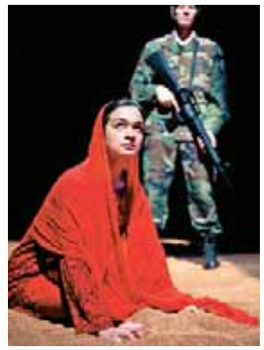
Gilbert Ngabo
Metro | Toronto

It’s like a virtual trip to the war-torn regions of Pakistan and Afghanistan.

A play hitting the stage this week has brought together tales of a child suicide bomber in Pakistan, a Canadian soldier in Kandahar and an Afghan immigrant woman in Toronto.

The Road to Paradise is based on interviews with families in the three countries, and the production explores how war has affected women and children in particular.

“Women and children sadly carry the heaviest burden of the war,” said the play’s director, Christopher Morris.



Actress Samiya Mumtaz performs in **The Road to Paradise.** COURTESY TRUDIE LEE

“A mother or a wife in Canada suffers just as much as a wife of a Taliban soldier. We’re all humans at the centre of this.”

It took six years for Morris and his team to complete the play. The project brought them in contact with destitute women in Pakistan and Afghanistan, whose families were “utterly destroyed” after their husbands or sons were killed, he said.

Afghan actress Parwin Mushtael plays a character based on her own story. She saw her husband gunned down in her native country before immigrating to Toronto in 2010 with her children.

She still struggles with post-traumatic stress disorder.

Sadly, Mushtael’s story is far from unique, Morris said.

“There’s this misguided concept that we go to war and we fight and it’s over,” he said. “That’s sadly not true. The effects of the war go on for generations.”

The Road to Paradise opens Tuesday at the Buddies in Bad Times Theatre (12 Alexander St.) and runs through November. The play will also be performed at the Aga Khan Museum in early December.

Morris plans to bring the play to Pakistan next year.

Humans of Toronto by K. Omar

“Something I’ve struggled with has been anxiety. I mean, it’s pretty common. I was working for Public Safety Canada in Ottawa for a summer internship about emergency preparedness. I was biking to work, and I started obsessing about whether I had made safe traffic choices, things like whether the light I just crossed was green or if I turned at an appropriate time. It was also a summer of thunderstorms and it seemed that every day at 4 p.m., when I would leave work, it would thunderstorm. I had access to all this information about emergencies, weather patterns and natural disasters. As soon as the job finished and I didn’t have something to focus on, I had a 10-day panic attack at which point I went to see a doctor and things got better.

Humans of Toronto is K. Omar’s social photography project aimed at photographing and talking to people in the city. Selections from her work feature weekly in Metro. See more at Humans_of_Toronto on Instagram.

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Ramps stopping the gap

Everyday Political Citizens

Campaign aims to help the disabled in Toronto

Luke Simcoe
Metro | Toronto

Every year, Samara Canada's Everyday Political Citizen project honours Canadians who are making positive changes in their communities. The winner of the contest will be announced Dec. 3, 2015.

Metro is profiling the four EPC nominees in the Greater Toronto Area. Today, we meet Luke Anderson, whose StopGap initiative is helping make Toronto more accessible for those with disabilities.

After graduating from the University of Waterloo in 2002, Luke Anderson moved to British Columbia to pursue his dream of competitive mountain biking.

The dream was cut short after a serious bike crash left him paralyzed.

"In a split second my life changed," he said.

"All of a sudden I was introduced to a world that's not well suited to someone who uses a wheelchair."

Anderson landed a job at an engineering firm in Toronto but became frustrated when the entrance to the building wasn't wheelchair accessible.

"Every time I wanted to enter or exit the building someone had to set up a ramp for me," he said.

That frustration became the fuel for StopGap, a campaign that constructs ramps for businesses whose entrances are blocked by stairs or other obstacles.

What started with 13 brightly-coloured ramps in the Junction neighbourhood has grown to about 500 ramps across Toronto, and as many as 800 total in Canada.

"That was the proudest moment for me. When we started to see the work we were doing here inspiring other groups to do the same in their cities and use our recipe," Anderson said.

Anderson said he chose the term StopGap for two reasons. It conveys his desire to create a "world free of physical barriers," but also reminds people the ramps are only a temporary solution.

"A brightly-coloured ramp can change someone's perception about how accessible their own neighbourhood is, but our end goal is to not see these things. They should become an invisible feature in our landscapes, just like curb cuts."

Luke Anderson shows off one of his **StopGap ramps** in Toronto's Kensington Market neighbourhood.
TORSTAR NEWS SERVICE FILE

> **"It's not us that have disabilities; it's the places that we live work and play that are disabled."**
> Luke Anderson

Simone "Shanni" Reid
GOFUNDME

SCARBOROUGH

Police say death a homicide

Family and friends of an 18-year-old woman found dead in her Scarborough apartment building say they are shocked by her sudden death and are mourning the loss of a "fun, happy" girl with a bright future.

Simone "Shanni" Reid, a young Centennial College student originally from Jamaica, was found dead Friday afternoon inside an apartment complex at 3275 Sheppard Ave., near Warden Avenue and Highway 401.

Toronto police detectives have said the teenager's death was a homicide. An autopsy has been performed, but the police have not yet released the cause of death.

Investigators are now looking for Reid's father, Winston "Paul" Reid, 49, so that they can notify him of her death. Detectives believe he was one of the last people with her in the apartment Thursday night. As of Monday, he was still missing.

Toronto police have not yet released any information on possible suspects in Reid's death.
TORSTAR NEWS SERVICE

SCHOOL BOARD

Director of education Donna Quan steps down

In a move that has rocked Canada's largest school board, director of education Donna Quan has stepped down to lead a research study for Queen's Park on how school boards can get better demographic snapshots of their students.

Quan broke the news to stunned trustees Monday afternoon at a private meeting of the Toronto District School Board.

It's a move insiders say the province felt was necessary for the TDSB to move forward. TORSTAR NEWS SERVICE

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Provinces to bring in 16,000 refugees

IMMIGRATION

Ontario and Quebec proceed amid security fears

The federal Liberals are still days away from revealing their plans to bring in 25,000 Syrians by the end of the year, but Canada's two largest provinces say they're ready to bring in 16,000 refugees.

Quebec is pressing ahead with a plan to accept nearly 6,000 refugees despite the public's "legitimate worries" about security, Kathleen Weil, the province's immigration minister says.

Weil, Minister of Immigration, Diversity and Inclusiveness, says Quebec's plan is to resettle about a quarter of the refugees the newly elected federal Liberal government has committed to bringing into the country by year's end.

Quebec Immigration Minister Kathleen Weil speaks at a news conference in Montreal on Monday. THE CANADIAN PRESS

That works out to about 5,750 people, all of whom will undergo a criminal background check and health checks, in addition to being screened by Canada's national security agencies.

Ontario, meanwhile, is expected to receive some 10,000 refugees by the end of 2016.

Health Minister Eric Hoskins said Queen's Park is working closely with federal counterparts to determine where and when the refugees will be settled.

Weil also addressed the security concerns in the wake of the attack, but said it is important Quebecers understand the "profile" of those the government will be bringing in.

"They are people who are fleeing violence. They are people who are fleeing the exact same acts of terrorism that we saw in Paris," she said. "They are people who are very vulnerable, who are worried, who are searching for a haven of peace."

The two opposing views fill a vacuum in the federal government's plans. Health Minister Jane Philpott, who chairs the cabinet committee working on the refugee file, said Ottawa's plans have not been formalized, and likely won't be until the next full cabinet meeting. TORSTAR NEWS SERVICE

SASKATCHEWAN

Premier wants PM to put plan on hold

Saskatchewan Premier Brad Wall is citing safety concerns for his wanting the federal government to suspend its plan to bring in 25,000 Syrian refugees by year's end.

Wall said in a letter to Prime Minister Justin Trudeau he is worried that fast-tracking refugee claims could undermine the screening process.

"I do believe that if there's a chance that even only one person would use the refugee process to come into this country with a plan to do ill, to do bad things in Canada to Canadians, that's worth it, that's worth some circumspection," Wall said in Regina on Monday.

Saskatchewan Premier Brad Wall. THE CANADIAN PRESS FILE

Wall would like the government to re-evaluate its goal and what's being put in place to achieve it. THE CANADIAN PRESS

IN BRIEF

Liberals terminate top court niqab appeal

Justice Minister Jody Wilson-Raybould said she called new Canadian Zunera Ishaq to tell her the government was officially dropping its legal pursuit of a ban on niqabs at citizenship ceremonies. Ishaq, a Muslim who wears the religious face covering, had been fighting the government in court over a Conservative policy that sought to force people to show their faces while taking the oath of citizenship. She felt the policy infringed her religious freedom. THE CANADIAN PRESS

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Starting January 1, 2016 all Ontario car insurance companies must offer a discount to drivers who change their tires seasonally.

" The standard winter tire discount in the insurance industry prior to it being mandated was 5 per cent," said InsuranceHotline.com's own in-house expert Anne Marie Thomas in a discussion with the *Globe and Mail*. "It's worth asking about because if you already put on winter tires, you're getting a discount for something you're already doing."

As a result of the new mandated discount, the Financial Services Commission of Ontario (FSCO) is encouraging people to shop around for a better rate.

How winter tires make a difference

According to the Rubber Association of Canada, winter tires offer up to 50 per cent or more traction than all-seasons. Generally it's recommended that winter tires be installed when the temperatures dip to 7° Celsius, however, for insurance purposes they should be on the car from November until April.

The Ministry of Finance offers the following tips for drivers who will be buying, installing and maintaining winter tires this coming winter:

- Look for tires marked with a logo of a peaked mountain with a snowflake
- Install winter tires in sets of four
- Do not mix tires with different tread patterns or size
- Change tires that are worn close to the tread-wear indicators
- Check the tires' air pressure at least once a month

Arlene knows that many insurers already offer a winter tire discount.

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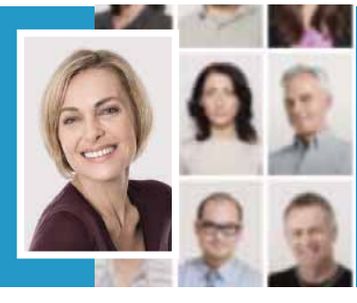

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A couple kisses in front of the Eiffel Tower, illuminated in the French colours in honour of the victims of the attacks on Friday. This week, the City of Love is perceived by many as a febrile place — easily moved to tears, compassion or panic. DANIEL OCHOA DE OLZA/THE ASSOCIATED PRESS

Where 'love will conquer'

Paris

City brimming with makeshift shrines heads back to routine

After a weekend of horror, Paris returned to the routines of the work week Monday with determination, defiance — and worry.

Rush-hour subway trains were full, shops were open, and office workers lined up for sandwiches or ate lunch on café terraces.

But this is also now a city dotted with makeshift shrines: carpets of flowers and candles, photos of lost loved ones and handwritten notes near the spots where gunmen and suicide bombers killed 129 people enjoying a fall Friday evening in the city.

Parisians stopped by throughout the day to honour the dead, many vowing that their city would remain its incomparable self — the sensual, tolerant, life-loving metropolis of the world's imagination.

"I am afraid, but not enough to stay at home, not moving," said Stephanie Cohen, a bank employee from suburban Paris.

Others worried that the attacks would change Paris forever.

"I was there (in New York) when 9-11 happened — and, to tell you the truth, it did change my life," said Gary Berrios, a student originally from New York. "It changed everyone's life. We don't see the world the same way any more."

At the Place de la Republique in the heart of the city, a monument to France stood surrounded by flowers, candles and notes. Handwritten cards had been left in French and English, Polish and Vietnamese — a reminder that Paris is a city that the world has taken to its heart.

> **I am afraid, but not enough to stay at home, not moving.**
> Stephanie Cohen

"Love will conquer," said more than one sign — a vow, or perhaps a wish, from the City of Love.

Outside the Bataclan theatre, where 89 people died when attackers gunned down young concertgoers, a banner vowed: "Freedom is an indestructible monument."

There and outside the bars and restaurants where dozens more died, residents paused to lay flowers, light candles or simply stand quietly. Even as the bustle of everyday life reasserted itself, Paris was a city of thousands of silent prayers.

THE ASSOCIATED PRESS

'BARBARIANS'

France seeks coalition

France wants to unite with the U.S. and Russia in a grand coalition dedicated to smashing the Islamic State of Iraq and the Levant, French President Francois Hollande told lawmakers Monday in a rare joint session in the Palace of Versailles. "In my determination to combat terrorism, I want France to remain itself. The barbarians who attack France ... will not make it change," Hollande declared.

THE ASSOCIATED PRESS

BRUSSELS

Region hit hard by poor rapport

There is just one café left near Molenbeek's Place Communale square where you can buy Belgium's national drink — beer.

Instead, stores on the square and the narrow streets that lead off it mostly sell North African food and Islamic robes and head scarves.

In the aftermath of the deadly attacks on Paris, the densely populated Brussels neighbourhood of just under 100,000 has gained a reputation as one of Europe's pre-eminent breeding grounds for jihadis, and preferred stop for extremists.

Police arrested three suspects in the impoverished neighbourhood on Saturday, and French officials on Monday identified Abdelhamid Abaaoud, who grew up there, as chief architect of the attacks on a rock concert, a soccer game and popular nightspots in one of Paris' trendiest districts.

Molenbeek has soaked up so many waves of migrants in recent decades that its Belgian identity has been all but washed away.

Reda Ben Baghdad, who described himself as a Belgian who was born and raised in Molenbeek, rejected claims that the neighbourhood is a hotbed of radicalization.

"I've lived here for 35 years. I'm not a jihadi," he said.

THE ASSOCIATED PRESS

Armed police guard a street in Brussels on Monday.
THE ASSOCIATED PRESS

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A Palestinian protestor uses a sling shot to hurl stones towards Israeli security forces during clashes in the Palestinian town of al-Bireh on the outskirts of Ramallah in the Israeli-occupied West Bank. ABBAS MOMANIABBAS MOMANI/AFP/GETTY IMAGES

Two dead in West Bank

ISRAEL/PALESTINE

Tensions still rising after shootout in refugee camp

Clashes between Israeli forces and Palestinian demonstrators erupted in a West Bank refugee camp overnight Monday after Israeli forces arrived to demolish the home of a Palestinian militant, leaving two Palestinians dead.

It was the latest bloodshed in a two-month wave of violence between Israelis and Palestinians.

Amid the unrest, Israel recently renewed a policy of demolishing homes belonging to Palestinians accused in deadly attacks. Israel says the policy deters attacks, but critics say the tactic amounts to collective punishment.

In Monday's violence, the Israeli military said troops entered the Qalandiya refugee camp on the outskirts of Jerusalem to demolish the home of Muhammad Abu Shaheen, a Palestinian who the army says fatally shot an Israeli motorist in the West Bank this summer. Abu Shaheen is now in an Israeli prison.

After the troops arrived, hundreds of Palestinians gathered and many threw firebombs and rocks as the Israeli forces demolished the home, and troops fired rubber bullets, tear gas and stun grenades to disperse the protesters, the military said.

According to Palestinian Health Ministry spokesman Mohammed Awawdeh, a 21-year-old and a 28-year-old were killed in a shootout. THE ASSOCIATED PRESS

BORDER DEAL

A senior Palestinian official on Monday said the Palestinian Authority has reached an agreement with Egypt to reopen the Gaza Strip's main border crossing in an arrangement meant to bypass the Hamas rulers.

IN BRIEF

Five people slain overnight in Burundi's capital city

Three grenades exploded Monday in different parts of Burundi's capital following a night of violence in which five people, including a policeman, were killed, witnesses and the police said. At least 240 people have been killed. THE ASSOCIATED PRESS

Swedish government, parliament receive threats

Swedish security officials say they have received a threat of attacks against the prime minister, the government and Parliament. Sweden's security service told reporters that the email said the threat would be carried out on Tuesday. THE ASSOCIATED PRESS

MINNEAPOLIS

Mayor requests probe into shooting

Community members and activists demanded Monday that Minneapolis police identify an officer who shot a black man suspected in an assault and release video of the incident.

Witnesses to the shooting early Sunday said the man was handcuffed when he was shot, sparking protests and an overnight encampment outside a police precinct on the city's north side. Police said a preliminary investigation showed the man was not handcuffed. The state's Bureau of Criminal Apprehension is investigating.

Authorities did not immediately release the name of the man, but family members identified him as Jamar Clark, 24, and said he was on life support. His father, James Hill, told The Associated Press that his son had suffered a single gunshot wound over his left eye.

"None of our children deserve to be shot and killed, and then talked about like they are animals," Bettie Smith, whose son Quincy Smith died in a 2008 confrontation with police, said at a news conference outside the north Minneapolis precinct.

> **None of our children deserve to be shot and killed, and then talked about like they are animals.**
>
> Bettie Smith, community activist

"Unless the community steps up to help us out, it will continue. Each and every one of us out here would be held accountable if we murdered someone," she added. THE ASSOCIATED PRESS

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IN BRIEF

Video games industry catching up to TV, film

The video game industry in Canada is growing by leaps and bounds and quickly catching up to film and television production as a major contributor to the economy.

The Entertainment Software Association of Canada says the video game industry spent $2.36 billion on Canadian production in 2014. That's up almost 50 per cent in one year and now nearly as much as the domestic film industry, which spent $2.67 billion in the fiscal year ended March 2014. But industry watchers say spending on video game production still amounts to less than half of total film and TV production in Canada when Hollywood studios and other foreign companies are included.

THE CANADIAN PRESS

TECHNOLOGY LET THE ROBOT WARS BEGIN Tokyo's Suidobashi Heavy Industries has taken up a California-based startup's challenge to a battle for robot supremacy. Megabots will pit its 4.5-metre Mark II, pictured above with founders Brinkley Warren, Matt Oehrlein and Gui Cavalcanti, against Japan's four-metre Kuratas next year. A Kickstarter campaign has raised $550,000 US to turn the Mark II into a meaner fighting machine. THE ASSOCIATED PRESS

Donors call for new deal

SYRIAN CRISIS

Allow refugees to work, host nations urged

Bold new ideas for helping Syrian refugees and their overburdened Middle Eastern host countries are gaining traction among international donors, shocked into action by this year's migration of hundreds of thousands of desperate Syrians to Europe.

Rather than struggling to gather humanitarian aid for refugees, the plans centre around investing billions of dollars, much of it to be raised on financial markets. The money would go for development in countries such as Jordan and Lebanon to improve lives for both their own populations and refugees.

More controversial is a demand by some in the aid community that, in return for such a "Mideast Marshall Plan," Jordan and Lebanon must allow Syrian refugees to work, integrating them more into society. The host countries, however, point to high domestic unemployment in arguing they cannot put large numbers of refugees to work legally.

Under the traditional approach, the UN and other international agencies are the main pillar of care for refugees, either by financing camps to house them or by providing them food aid and stipends to live off of.

THE ASSOCIATED PRESS

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NEW JERSEY

Mall demands kids pay to see Santa

Children wanting to see Santa Claus at a southern New Jersey mall will now have to pay.

The Philadelphia Inquirer reports admission to the Cherry Hill Mall's Adventure to Santa costs between $35 US and $50 US. The packages come with photos or video of the visit.

The move has sparked anger from many parents, some of whom say the charge inherently pushes away low-income families, which they say runs counter to the spirit of the holiday.

Pennsylvania Real Estate Investment Trust, which manages the mall, says the exhibit is one of only 12 Adventure to Santa attractions in the country. The attraction was free last year.

The display features characters from the Shrek movies, a virtual sleigh ride, a concert performed by elves, and various games.

THE ASSOCIATED PRESS

Parents are angry over mall's move to charge fees to visit Santa Claus. ISTOCK

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metro VIEWS
Your essential daily news
Tuesday, November 17, 2015

EMMA TEITEL: ON SELECTIVE SOLIDARITY

It's ironic, not to mention annoying, that many of the critics displeased with Facebook's France avatar seem to decry Western favouritism only when a tragedy occurs in the Western world.

When the U.S. Supreme Court granted American gay couples the right to marry nationwide in June, Facebook offered its many millions of users a new way to "celebrate pride." With a special photo-editing tool, the social-networking site enabled users to decorate their display photos with an LGBT-themed rainbow filter — a feature so popular, more than 20 million people adopted it.

For weeks after the Supreme Court's historic decision Facebook was awash in rainbow avatars; a trend some critics bemoaned as bandwagon behavior by "slacktivist" liberals otherwise uninvolved in the LGBT cause. But for many gay people in the United States and around the world, the photo feature and its popularity were actually quite touching; it's not every day one sees celebratory support quantified in such stark, visible terms.

Nor is it every day one sees grief and horror quantified this way. This week, we witnessed the return of Facebook's photo-editing tool, not in association with a happy event, but with an unduly tragic one. On Nov. 13, terrorists affiliated with the Islamic State of Iraq and the Levant (ISIL) murdered more than 129 people and injured more than 350 others in co-ordinated mass shootings and suicide bombings throughout the city. The attacks, which disproportionately targeted young people enjoying a night out on the town — at cafés and a rock concert — were carried out in some measure by young people, too. Omar Ismail Mostefai, one of the dead terrorists identified after the attack, was reportedly just shy of his 30th birthday. In other words, many of the victims of the attack as well as some of its perpetrators belonged to the Facebook generation.

Mourning is not a time to pass judgement — even if you are right.

APATHY EMBLEM It's disturbing how little attention tragedies in poor countries get in the Western world, Emma Teitel writes, but the solution is not berating people for their lack of sensitivity to global issues. METRO

It makes sense then, that in a rather morbid turn on the celebratory rainbow filter, Facebook has offered users an opportunity to show solidarity with terror-ridden Paris through a French flag avatar. We don't yet know the exact number of users who have adopted the photo filter, but it appears that Facebook is once again awash in colour. Like many of the world's landmarks, the social networking site has lit up red, white and blue in solidarity with Paris. And once again, critics have emerged to question the social network's well-meaning campaign, this time with a charge of hypocrisy for users eager to show compassion for Paris, but who pay no mind to victims of non-Western tragedies.

The question on their minds: Why Paris and not Beirut?

The day before the Paris attacks, Beirut, Lebanon suffered an ISIL-orchestrated suicide bombing that killed at least 43 people and injured 200. Facebook has not yet offered users a Lebanon-themed avatar so they may show solidarity with Beirut, nor has the site expanded its "Safety Check" feature to the Lebanese city. This is a service that allows users to check in with family and friends in an emergency, a service that was enabled in the Paris attacks on Friday but was unavailable in the Beirut attacks on Thursday. Facebook has promised to expand its service (previously available only in natural disaster emergencies), but critics remain skeptical about what they believe is a clear example of Western favouritism on the part of Facebook and its users. And they aren't entirely wrong.

It is indeed disturbing that most Westerners seem to acknowledge tragedy only when it occurs in the whiter world. And it is a sign of our immense limitation that most of us pay attention to tragedy when we can envision ourselves as victim, in places we have visited.

But it's also ironic, not to mention annoying, that many of the critics displeased with Facebook's France avatar on account of its alleged hypocrisy seem to decry Western favouritism only when a tragedy occurs in the Western world. Anecdotally, I didn't see a single critic of Western favouritism post about the Lebanon attack the day it occurred. Rather, I saw only posts about the Beirut attack and insufficient Western response the day Paris was attacked. Ironically, it seems many critics of Western favouritism are its unknowing adherents — moved to action not by outsized suffering in the Middle East but by outsized support for suffering in the West.

Perhaps the lesson here is that analysis of human reaction to horrible events should be reserved until after the bodies are buried. No matter one's claim to the truth, it is cold, uncouth and misguided to criticize or disapprove of people engaged in genuine outpouring of shock and grief, whether that grief is the result of a highly publicized Western horror or a little-known eastern one.

Mourning is not a time to pass judgment — even if you are right.

Emma Teitel is a national columnist for the Toronto Star. She has been a front-of-the-book columnist for Maclean's magazine for the past four years, focusing on a wide range of subjects including women's issues and popular culture. She won the National Magazine Awards gold award for columns in 2013.

ROSEMARY WESTWOOD

metroview

Merely having a right to something isn't always a reason to invoke it

It's true that journalists, in the U.S. and elsewhere, have the right to record public life.

It's true that journalists, in the U.S. and elsewhere, can be unfair.

It's true that you'd be hard-pressed to find a better source of self-righteousness than a university campus.

And it's true that you'd be hard-pressed to find a group more marginalized than black Americans.

Last week's argument between activists at the University of Missouri and journalists trying to document their protest — captured on video — was absurdity worthy of Beckett.

In "safe spaces" vs. the First Amendment, it was shouting, pushing, bodies turned to bulldozers. Slinging tongues and smacking lips — and forgetting altogether about ears. Forgetting that rights are often beside the point. As in, merely having a right to something isn't always a reason to invoke it.

Similar protests to end racism on campuses continue to spread across the U.S. and will no doubt offer more flashpoints for conflict with the media.

These days, journalists have a problem, and it lies between the imperatives of activism and the very principle of objectivity. If we woke up each day to an equal society, we probably wouldn't have to keep making the choice between the two. We'd be able to say to angry students (what would they be angry about?): "I'm not on anyone's side."

If the media itself was more diverse, we would not need to worry as much about how to be sensitive to a minority. Varied points of view among reporters would lead the resulting stories to collectively level out our blind spots.

But we don't have an equal society or a diverse media.

And that leaves reporters increasingly required to ask themselves how much of an ally they want to be and how much is too much.

It's not good enough to work on a single other's behalf. The best reporting carries truth as its agenda. The best reporting doesn't slot people into roles but reveals who they are. No one is all good and right — or bad and wrong.

It's also not good enough to face a crowd of black-rights activists and dismiss them as anti-free speech. I think, given what racism flings at some each day, and the fact that their protests led another crazy white guy to claim he was going to shoot them all, those activists have more pressing concerns.

But I keep coming back to that video, and the self-righteousness on both sides, and the way it underlines this problem that I am now having every day.

Do I seek just outcomes or just tell the truth?

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metro LIFE

Your essential daily news

Grammy-winning group the Dixie Chicks to launch tour next summer

HIV/AIDS in the public eye

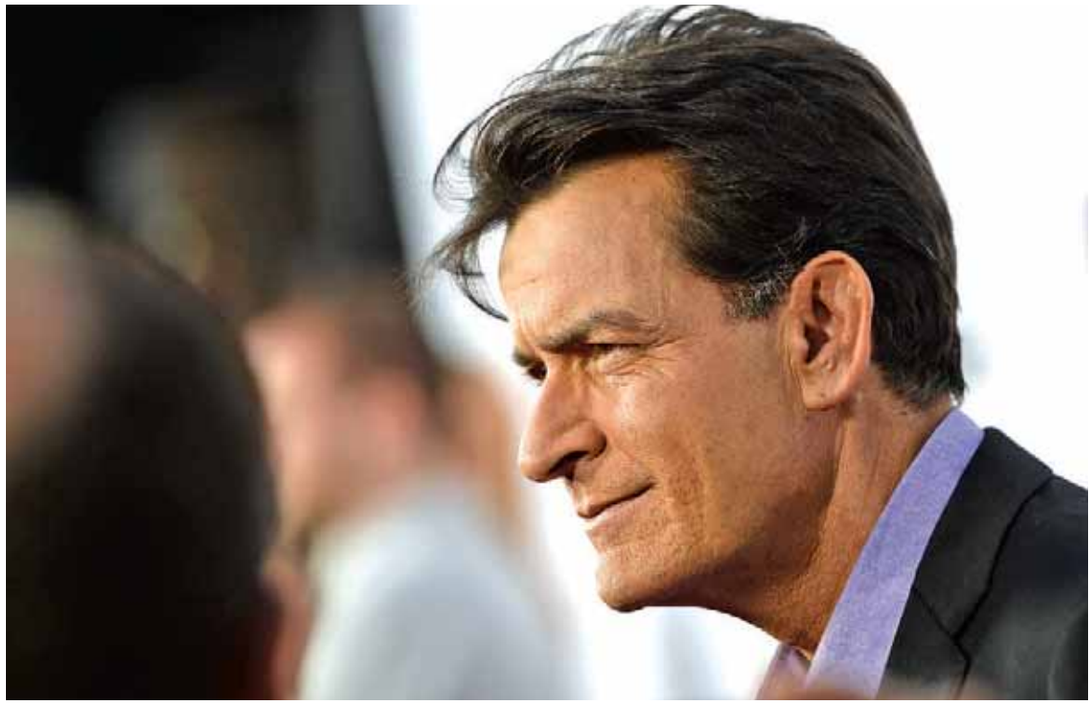
HEALTH

After Sheen rumours, a look at famous people who have disclosed their illness

Charlie Sheen is scheduled to be on the Today show Tuesday morning, reportedly to disclose his HIV status, according to various sources, including People magazine, TMZ and Us Weekly.

It has been 30 years since legendary leading man Rock Hudson shocked the world by sharing his AIDS diagnosis, the first Hollywood star to do so. He died within a few months at age 59. His friendship with Elizabeth Taylor inspired the actress to begin a fundraising campaign that brought in millions for research and education.

Here are others in the public eye who have been diagnosed with HIV/AIDS.



Charlie Sheen is expected to disclose his HIV status on Tuesday. GETTY IMAGES ALL OTHERS THE ASSOCIATED PRESS UNLESS NOTED

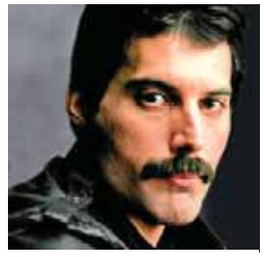
Rock Hudson

A screen heartthrob and one of Hollywood's most popular leading men, Hudson was the first major American celebrity to publically acknowledge having AIDS in 1985, not long before his death. His diagnosis forever changed the conversation about HIV/AIDS.

Rock Hudson

Freddie Mercury

The powerfully voiced lead singer and songwriter for rock band Queen died in 1991. Among the hits Mercury was responsible for were future classics "Bohemian Rhapsody," "Somebody to Love" and "We are the Champions."



Freddie Mercury

Magic Johnson

The Los Angeles Lakers point guard announced he was HIV positive in November 1991 and retiring from the NBA. He went on to play for the 1992 U.S. Olympic Dream Team, and came back to play with the Lakers in 1995. He's now 56 and has been living with HIV for more than 23 years.

Magic Johnson

Isaac Asimov

The extremely prolific science fiction writer, whose works include the I, Robot collection and the Foundation series, contracted HIV from a blood transfusion during heart bypass surgery in 1983. He died from AIDS complications in 1992.

Eric "Eazy-E" Wright

The co-founder of hip-hop group N.W.A. and gangsta rapper Eazy-E (Eric Wright) died of AIDS in 1995 at age 31. His illness is dealt with in this year's hit music-drama biopic Straight Outta Compton.

Danny Pintauro GETTY IMAGES

Danny Pintauro

Now 29, the child actor who co-starred on TV's Who's the Boss and also appeared in the thriller Cujo, said during a September appearance on Oprah: Where Are They Now? that he's been HIV positive for 12 years.

TORSTAR NEWS SERVICE

PLASTIC SURGERY

Transplant gives new face, scalp to burned firefighter

A volunteer firefighter badly burned in a 2001 blaze has received the most extensive face transplant ever, covering his skull and much of his neck, a New York hospital announced Monday.

The surgery took place in August at the NYU Langone Medical Center. The patient, 41-year-old Patrick Hardison, is still undergoing physical therapy at the hospital but plans to return home to Senatobia, Mississippi, in time for Thanksgiving.

The surgery has paved the way for him to regain normal vision, and in an interview last week he said that will let him accomplish a major goal: "I'll start driving again."

More than two dozen face transplants have been performed worldwide since the first one in France in 2005. Dr. Eduardo Rodriguez, who led the surgical team that did Hardison's transplant and recently wrote a review of the field, said Hardison's is by far the most extensive performed successfully in terms of the amount of tissue transferred.

The transplant extends from the top of the head, over Hardison's skull and down to the collarbones in front; in back, it reaches far enough down that only a tiny patch of Hardison's original hair remains — its colour matched by the dark blond hair growing on his new scalp. The transplant includes both ears.

The surgery began Aug. 14 and lasted 26 hours. It left no scars on Hardison's new face because the seam of the transplanted tissue runs down the back of his skull.

The donor was 26-year-old New York artist and competitive bicyclist David P. Rodebaugh.

Patrick Hardison, before and after his face transplant. HANDOUT

He had died of injuries from a biking accident on a Brooklyn street.

Hardison was burned Sept. 5, 2001, in Senatobia in northwestern Mississippi. A 27-year-old father of three at the time who'd served for seven years as a volunteer firefighter, he entered a burning house to search for a woman. The roof collapsed, giving him third-degree burns on his head, neck and upper torso.

He spent about two months at a Memphis, Tennessee, burn centre. Doctors used a layer of skin from his legs to cover his wounded head, but he had lost his ears, lips, most of his nose and virtually all of his eyelid tissue. THE ASSOCIATED PRESS

Rose Reisman EAT THIS

You know you're going to eat fast, so next time choose this not that

THIS WEEK: Casey's Grill Bar

Canadians love dining out, with 60 per cent of us choosing to buy our meals at least once a week. Casey's Grill Bar is a popular pick for casual dining at affordable prices, with a variety of options from classic steaks, seafood, sandwiches and Asian-inspired dishes. Grabbing an appetizer before dinner is a common occurrence, but they are often heavier than the entrée. Select an appetizer with some protein and vegetables to lessen your appetite before the main course.

PICK THIS

Chicken Tacos (2)

Ingredients
Rotisserie chicken, shredded lettuce, cucumber, red pepper, green onions, lime mango salsa and crema

Calories 450
Fat 29 grams
Saturated fats 10 g
Sodium 810 mg

SKIP THIS

Tornado Potatoes (with Smokin' Cajun Dip)

Ingredients
Deep-friend potato ribbons seasoned with sea salt and drizzled with Smokin' Cajun dip

Calories 1,020
Fat 47 grams
Saturated fats 9 g
Sodium 1,000 mg

HERE'S WHY

Equivalent: Tornado Potatoes & Dip contain as much fat as four BLT sandwiches from Tim Hortons

A fried potato side, no matter what the name, is empty calories with little nutritional value. This fancy version of potato chips are heavily deep fried and served with a mayonnaise and sour cream-based dip, which is a landmine of calories, fat and sodium. The dip itself has 380 calories and 40 grams of fat! Opt for the tacos instead — with its lean chicken and vegetables, this item is both delicious and filling.

RESEARCH

One way to catch a cold is to think you're getting one

In a study exploring the link between self-reported health and immunity, American researchers demonstrated that if you think your health is not very good, you have a greater susceptibility to infection.

Doctors should perhaps ask their patients to self-rate their health at the beginning of a consultation. So suggest the conclusions of this new study, published in the November-December 2015 edition of the journal Psychosomatic Medicine.

Psychologists at Carnegie Mellon University in the U.S. have shown that the self-rated health of adults aged 18 to 55 could be an indicator of the likelihood of catching a cold.

The researchers selected 360 healthy adults with an average age of 33, whom they asked to self-assess their health using a questionnaire. The volunteers were exposed to a virus that causes the common cold and were monitored for five days to study the development of illness.

The team noted that nearly a third of the participants developed a cold. The participants who self-assessed their health as being "very good," "good" or "fair" were twice as likely to have been affected by the virus as those who self-reported their health as "excellent."

This study is one of the first to suggest that people are able to predict how their immune system will respond to a virus or other health risks, and it contributes to the understanding of the link between morbidity and self-rated health. AFP

WHO says handle meds with care

WORLD HEALTH ORGANIZATION

Antibiotic-resistant infections are a global issue

A WHO survey revealed that 66 per cent of respondents believe antibiotic resistance doesn't affect those who take antibiotics as prescribed.

The WHO published on Monday the results of its international survey carried out to determine more about the public's knowledge on the use of antibiotics and the increasing spread of antibiotic-resistant diseases.

Published on the first day of World Antibiotics Week (running to Nov. 20) and on the launch of Antibiotics: Handle with care, the WHO's first-ever campaign for the improved use of antibiotics, the survey highlights the misconceptions that the public has on antibiotic use and resistance.

Antibiotic resistance occurs when bacteria, not humans, become resistant to the antibiotics used on them. It is the spread of these bacteria that then causes the spread of infections that are antibiotic-resistant and much harder to treat, which is an increasingly worrying problem for the WHO. The organization questioned some 10,000 participants across a diverse selection of 12 countries which included Barbados, China, Vietnam, Sudan, South Africa, Serbia, Russian Federation, Nigeria, Mexico, Indonesia, India, and Egypt. Interviews were carried out both online and face to face.

The results show that while many (64 per cent) know that antibiotic-resistance is a problem, more than half (57 per cent) wrongly believe that there is nothing they can do to prevent its increase. Forty-four percent also mistakenly believe that antibiotic resistance only affects those who take antibiotics regularly, and 66 per cent believe antibiotic resistance doesn't affect those who take antibiotics as prescribed.

In fact anyone, regardless of age, country, or antibiotic consumption, can catch an antibiotic-resistant infection, and we can all play a part in halting the spread of antibiotic-resistant diseases. For example, antibiotics are not effective in treating viruses, although 64 per cent of those questioned believed that antibiotics can be used to treat colds and flu, and a course of antibiotics should always be finished, despite 32 per cent of those surveyed believing that a course can be stopped once the individual feels better. AFP

Antibiotics are not an effective treatment for colds or flu. AFP

HEALTH

What you can do to help
Other precautions and control measures that the WHO highlight include:
- Washing hands and practising good hygiene to help prevent the spread of diseases.
- Only use antibiotics that have been prescribed by a doctor.
- Never share antibiotics.
- Never use antibiotics that have been left over from a previous illness.

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The great shampoo swindle

BEAUTY PRODUCTS

Chemists conclude your money is going down the drain

Liz Brown
Metro | Canada

Sitting in a chic salon getting my fried ends snipped, my hairstylist looked in the mirror and met my gaze.

"You've been using drugstore products, haven't you?" she said.

I looked down, nodding my head, the shame too much to bear.

"It's why your ends are dry and your roots greasy," she clucked, lecturing about how cheap shampoos and conditioners leave residues on hair and don't allow it to breathe.

I walked out of the salon with $90 worth of products. It's a story most women (and likely many men) can relate to.

According to Randy Schueller, a Chicago-based beauty product chemist and co-founder of The Beauty Brains blog, the stylist line that salon products are uniformly better than the ones you pick up at the drug store is a "total myth" based in marketing and pseudo science.

And these myths mean big bucks for the beauty industry. According to a report published in September by market research firm IBISWorld, the beauty, cosmetics and fragrance retail industry in Canada is worth $1.3 billion annually, 18 per cent of which is spent on hair care products — and as incomes grow, consumers are more interested in premium items.

"While some salon products can be better, for the most part you don't need to spend at that level to get a good product," he says, noting that ingredients in any shampoo or conditioner only account for about 10 per cent of the product's overall cost.

He knows consumers will disagree with this, but chalks it up to psychology. "If you're going to spend $30 on a bottle of something versus $5, you want to believe you are spending your money wisely," he says.

Schueller has been working in the industry for 30 years and formulated for some of the most popular mass market and salon brands, including VO5 and Tresemme. He recalls a market research study he participated in where women, over a period of months, were asked to wash their hair with different, unmarked products and answer a questionnaire.

"In general, the salon products did not score as well as the mass market products," he says. "When people don't know it's a salon product — when you strip away the packaging and branding — they perform as well as mass market products (in consumer reviews)."

14

Coconut oil is the only oil shown to moisturize hair from the inside out, but you have to leave it on for 14 hours for these deep conditioning benefits says Randy Schueller.

Ni'Kita Wilson, a cosmetic chemist in New Jersey, says that often consumers can find a suitable alternative to their salon product in a drugstore brand. "Performance-wise, hands down, you can find a cheaper product you are satisfied with," she says.

The biggest difference, according to Wilson, is found between conditioners. Salon conditioners do tend to use better cationic surfactants — compounds that bind to the keratin protein in hair — making it easier to detangle and smoothing the rough cuticles on damaged ends.

A more expensive salon conditioner may also carry newer silicones to smooth the hair and give it a silky feel. But interestingly, many silicones that have been on the market for a while first appeared in expensive salon brands. "A good example of this is amodimethicone," Wilson says. "It offers superior conditioning benefits to the hair unlike any other ingredient and … now it can be found in mass brands like Garnier Fructis."

The difference is often in the amount in the formula. "The drugstore brand may put 1 per cent silicone in a formula and that will give you good detangling and nice softness, while a higher end brand may put 2 per cent in their formula, plus another type of conditioning agent like a natural oil," she says.

Her verdict: Save on the shampoo and splurge on conditioner.

And she says there's plenty of ways to top up a mass market brand. Try leaving the product on for a longer period of time underneath a shower cap — the heat helps the conditioner penetrate hair. Or mix your conditioner with a bit of coconut or olive oil.

Schueller says coconut oil is the only oil that has been definitively shown to moisturize hair from within. "But you need to use a lot of it and leave it on your hair for quite some time (up to 14 hours)," he warns.

If you're looking to break a salon product habit and save money, Schueller suggests looking at the first five ingredients of your favourite premium brand and comparing them with cheaper brands. "You'll likely find something in the same ballpark range," he says.

HAIR MYTHS (BUSTED)

Avoid silicone in hair care products

These are compounds in shampoo and conditioner that detangle and give hair a silky feeling. "It's true that silicones can be too heavy for fine hair types," says Schueller. "What's not true and what you frequently hear is that silicone suffocates your hair, or coats it in plastic — my favourite is that it makes your hair 'feel healthy' but it's really bad. That doesn't even make sense because hair is dead, so you can't prevent it from breathing," he says.

You need to switch products because they become ineffective when your hair gets 'used' to one

"This is the granddaddy of all hair care myths," says Schueller. More likely what is happening, according to Schueller, is that conditioning agents present in shampoos and conditioners build up on hair over time, making the hair seem dull and limp. "When you move to a new shampoo, it strips the residue from the old shampoo and you think 'wow' my hair feels wonderful."

Instead trying a clarifying shampoo every so often when hair feels limp.

Alcohol in shampoos and conditioners dries out the hair

"All conditioners carry fatty alcohols to make the emulsion – that creamy aspect," says Schueller. These are called cetyl and stearyl alcohols and help form the body of the product while giving some conditioning.

Isopropyl alcohol is also sometimes found in a shampoo or conditioner, but it's found at low levels and used as an agent to help carry another ingredient.

"They are solvents and soak up lipids (fats)," says Schueller. "If you were to soak your head in these alcohols, it would be drying to the hair, but in the levels in a rinse off shampoo or conditioner, it will have no impact."

When you strip away the packaging and branding, (salon products) perform as well as mass market products (in consumer reviews).

Randy Schueller, chemist and hair product formulator

STUDY

Kids can self-monitor eating but bossing overrides it

Genetics, poverty and limited access to healthy foods have long been known to affect a child's risk of obesity. But a new study suggests parenting style could have an impact, too.

The Canadian study suggests a link between parenting style and obesity risk in kids, with certain styles upping the risk. The research, published in Preventive Medicine, is based on a Statistics Canada national survey of more than 37,000 Canadian youth from 1994 to 2008.

The study uses a decades-old framework for parenting styles, which divides them into four main groups:

Authoritarian: Parents who are demanding but not responsive.

Authoritative: Parents who are demanding but responsive to their children.

Permissive: Parents who are responsive but not demanding.

Negligent: Parents who are neither responsive nor demanding.

Your parenting style might be causing your child's obesity

ISTOCK

The results showed that, for the population as a whole, preschool and school-aged kids with "authoritarian" parents were between 35 and 41 per cent more likely to be obese than those with "authoritative" parents.

"Kids are kind of born with this innate ability to self-monitor their eating, though there are always extremes like Halloween," said Lisa Kakinami.

She is the study's lead author and an assistant professor in Concordia's Department of Mathematics and Statistics in collaboration with the PERFORM (that stands for prevention, evaluation, rehabilitation and "form"ation) Centre.

But an "authoritarian" parenting style can override that instinctive self-monitoring, she said. "If you tell your child to always finish what's on their plate, you're teaching them to override their own signals of feeling full."

Geoff Ball, an associate professor in the University of Alberta's department of pediatrics, stressed that a weakness of the study is its reliance on parental-reporting. He explained parents might not be the best gauge of their children's weight and height as compared to outside, unbiased measurements.

On the flip side, the large, nation-wide sample size does offer a solid look at how Canadian parents are raising their kids, he added.

"One of the take-home messages is the parenting style that's less associated with obesity is one referred to as 'authoritative,'" Ball said. "Parents are responsive to their children's hunger and their cues, not ignoring them."

That means providing the food, and letting kids decide when — and how much — to eat, he said.

"We've all seen that situation where kids can't leave the dinner table until they finish their broccoli, and it's a stalemate. That's not a healthy way for food to be enjoyed."

That doesn't mean parents should bow to their children's whims, of course, since that might involve some less-than-healthy choices. "But encourage them to start with healthy items, so if they get full, they've at least eaten their vegetables," Kakinami said.

Alongside the link between obesity risk and parenting style, Kakinami said a second key finding from the research was a link to the household's poverty level.

Among children living in poverty — as in, those living below the Statistics Canada low-income cut-offs — the risk of being obese was 20 per cent greater compared with the risk for kids not living in poverty, regardless of the parenting style used.

But for kids in higher-income families, certain parenting styles made a clear impact on their obesity risk. "Authoritarian" parenting was associated with a 44 per cent higher risk, while "negligent" parenting was associated with a 26 per cent increase.

The findings come at a time when 31 per cent of Canadian children from ages 5 to 17 (or 1.6 million kids) are overweight or obese, according to a Statistics Canada survey from 2009 to 2011.

44%

The risk of childhood obesity increases by 44 per cent among higher-income families who practise "authoritarian"-style parenting.

Dr. Katherine Morrison, associate professor in the department of pediatrics at McMaster University, said this research is an important piece of the discussion about preventing obesity for both parents and clinicians.

"When we're treating families that have these challenges, it's also important for us to think about how families parent," she said.

The self-reporting aspect is another weakness, Morrison said, since parents were gauging their own parenting styles.

While Kakinami acknowledged the study's limitations, including that parenting styles can change over time, she said it presents a "stepping stone" for further research into how parents contribute to their children's obesity risk.

"Family dynamics are important to a child's health," she said.

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JOHANNA SCHNELLER WHAT I'M WATCHING

John Oliver's rant captures upset

LAST WEEK TONIGHT, NOV. 15 (HBO)

Oliver's profanity-laden diatribe resonates. GETTY IMAGES

Host John Oliver addresses the camera in his opening monologue, about Friday's attacks in Paris: "After the many necessary and appropriate moments of silence, I'd like to offer you a moment of premium cable profanity," he says.

"As of now, we know this attack was carried out by gigantic f—ing a—holes, unconscionable flaming a—holes... working in service of an ideology of pure a—holery... F— these a—holes. F— them sideways."

It's always fascinating to watch comedy shows cope with fresh tragedy. As Woody Allen said, "Comedy is tragedy plus time," but in these situations, no time has passed. So efforts can be jarring.

Saturday Night Live opted for a soft approach: It opened with cast member Cecily Strong, holding back tears, saying, "Paris is the City of Light, and here in New York City we know that light will never go out... We stand with you." She then repeated the message in French.

It was effective enough, but I found Oliver's approach more moving — and more workable. He was angry, and he meant it. But by repeating the profanities, he gave his audience space to laugh. Once he'd done that, he could slip in a joke: "It's important to remember, nothing about what these a—holes are trying to do is going to work... If you are in a war of culture and lifestyle with France... you are f—ed."

Because he'd found a way into humor, his transition — "For now, we are going to continue with the rest of the show" — was less awkward than most.

IN BRIEFS

Prince cancels Euro tour

Prince has cancelled his European tour following the Paris attacks, his French production company confirmed on Monday.

The tour would have begun on Nov. 24 with Prince expected to be in Paris on Dec. 11 to play two shows at the historic Palais Garnier opera house.

A number of rock bands have also cancelled tour dates in France since the attacks including U2, Foo Fighters and Motorhead. AFP

Movie premieres on hold

The terrorist attacks on Paris have put a few high-profile movie premieres on hold, including the Tom Hanks' film Bridge of Spies and Natalie Portman's film Jane Got a Gun.

Following the events of Nov. 13, Fox cancelled the Paris premiere of the Steven Spielberg-directed film Bridge of Spies which was scheduled for Monday.

Likewise, a press junket for Portman's Jane Got a Gun scheduled for Sunday and the movie premiere scheduled for Monday were called off. AFP

FRONTIER

Discovery Canada show casts Momoa

Game of Thrones star Jason Momoa will lead the cast in Discovery Canada's upcoming action-adventure show Frontier, the network's first original scripted series.

The new six-episode drama centres on the sometimes bloody struggle for wealth and power in the North American fur trade of the late 18th century.

The show is being shot in 4K resolution and production is underway in St. John's, Morrisburg, Ont., Louisbourg, N.S., and Cornwall, U.K.

Rob Blackie and Peter Blackie created the six-episode, one-hour drama.

Canadian director Brad Peyton will helm the first two episodes.

The cast also includes Alun Armstrong, Landon Liboiron, Zoe Boyle, and Allan Hawco.

Canadian independent producers Take the Shot Productions and Factory Backwards are behind the show.

It will debut next year in Canada on Bell Media platforms including Discovery, Discovery GO and CraveTV, and on Netflix in international markets. THE CANADIAN PRESS

Jason Momoa GETTY IMAGES

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When an employee is dismissed, it is often a traumatic and at times overwhelming experience. Unfortunately, many employers add to the already chaotic atmosphere by making the individual feel rushed to sign documents and accept a severance offer, oftentimes well below their legal entitlements.

In my experience, one of the most important things that individual can do is take time to consider their options and seek out professional advice. Too often I speak with individuals who felt pressured to sign a document and ultimately gave in to an understandably difficult situation. Unfortunately, once the document is signed, the deal is done.

NEGOTIATING ON YOUR OWN IS NEVER A GOOD IDEA

When an employee negotiates on their own for severance, it can severely limit the amount that a lawyer can recover for them in the future. For example, I recently assisted an individual who worked for their former employer for 18 years and was 55 years of age. Prior to calling me, that individual made an offer to their employer of 12 months' severance pay. In reality, they were owed between 18 to 20 months of severance, a significant difference. While I was able to help increase the original offer, I had to start the negotiations from 12 months' severance instead of the 20 months' they were entitled to. In that case, the innocent offer from the employee limited what they were able to recover.

With that said, there are steps you can take prior to contacting a lawyer. The first would be to determine what you are owed by visiting the severance pay calculator (www.SeverancePayCalculator.com). This is a fast, free and confidential way to determine if your severance package is fair. Also, you can always ask a lawyer any of your employment questions on our firm's termination question forum (www.TerminationQuestions.com). Again, this is another fast, free and confidential way to ensure you are being treated fairly.

EMPLOYERS CANNOT SET DEADLINES

Almost all employers impose a deadline to respond to a severance offer. This is merely a tactic to get the employee to feel pressured to accept less than they are entitled to. It creates a feeling of panic, only adding to the stress of a recently dismissed individual. Worst of all: It is complete nonsense. In Ontario, the law states that you have two years from the date of termination to make a claim. Not a year, a month or a week – two years! I receive calls daily from individuals who feel they must respond to an inadequate severance offer based on a deadline set by their employer. There is no need to feel any pressure; the employer will not remove the offer, and it is often the case that it should not be accepted anyway.

HOW CAN A LAWYER ASSIST?

There are a number of ways a lawyer can assist an individual who has been terminated. One of the most important ways is saving time. When an employee is terminated, a common question becomes, how long will the process take? It is a lawyer's duty to move the matter along quickly and provide the individual with a timeline of how long it will take to resolve the matter. Also, a lawyer should always ensure that you are provided with money that is owed to you right away, such as accrued vacation pay or salary. Another important way which a lawyer assists is by providing you with a realistic settlement outcome and a roadmap for how to get there.

If you or anyone you know has been terminated, it is always important to pause and consider what is being offered. Use the free and confidential tools available to you (www.TerminationQuestions.com and www.SeverancePayCalculator.com). Finally, never hesitate to call us directly at 1-844-861-9065 and have one of our employment lawyers provide you will a full assessment of your matter.

Lior Samfiru is an employment lawyer and senior partner at Samfiru Tumarkin LLP. He is the host of the *'Employment Hour'* heard Wednesdays, Saturdays and Sundays on Talk Radio AM640.

Calculate the severance you are owed at www.severancepaycalculator.com

Treatment options for toe nail fungus

With over 64 per cent of toe nail fungus sufferers reporting they are embarrassed by the condition, it's probably no secret that it negatively impacts the quality of life of the 2.4 million Canadians who have it.

And while it may not sound that serious, toe nail fungus is a common yet complex condition that can get worse and lead to complications, according to Toronto dermatologist Dr. Benjamin Barankin, who is the Medical Director of Toronto Dermatology Centre.

"Toenail fungus infections are a common problem, yet highly contagious. They account for 50 per cent of nail problems, and there can be serious complications beyond the appearance," Dr. Barankin says.

Toe nail fungus — also called onychomycosis — can spread to other body parts and usually it starts as a white or yellow spot under the top of your nail and as the infection goes deeper, it may cause your nail to discolour, thicken and crumble at the edge.

Toenail fungus infections are progressive and generally will not go away without treatment.

But there are now more treatment options than ever available, says Dr. Barankin, who encourages sufferers to reach out to their doctors for information.

"In the past, patients had the option of ineffective topical or potentially risky oral therapies. New options, such as efinaconazole (Jublia®), offers good fungus cure rates while avoiding the possible side effects of oral medication and it can be good for mild to moderate infections."

Dr. Barankin strongly encourages diabetes sufferers with onychomycosis to seek help right away.

"If left untreated, it can lead to complications such as athlete's foot, cellulitis, and even foot amputation," he adds.

If you think you might have the condition — and approximately 7 per cent of Canadians do — you'll want to seek a doctor.

SHUTTERSTOCK

"When it comes to treatment options, safety and efficacy are important."

Nail fungus treatments include pills such as terbinafine (Lamisil) and topical treatments such as ciclopirox (Penlac) and efinaconazole (Jublia), a new medication that offers patient a safe and effective option.

For more information, visit nailfungus.ca, an online resource developed by Canadian dermatologists or jubliaRX.com.

metro SPORTS

Avalanche centre Matt Duchene was named the NHL's first star of the week after recording 4 goals and 8 points in 3 games — all road wins

Reimer smiles better this season after rough patch

NHL

Leafs goalie on fire in last 7 starts, named week's 3rd star

Smiling James Reimer is back. After a rough couple of seasons since the Toronto Maple Leafs brought in Jonathan Bernier to be their starting goaltender, the affable Reimer has plenty of reasons to be happy.

In his past seven starts, Reimer is 4-1-2 with a 1.95 goals-against average and .945 save percentage. He was named the NHL's third star of the week and will get the nod for his eighth start in nine games Tuesday when the Leafs play host to the Colorado Avalanche.

Reimer one day may think about his crazy ascent to the NHL and what has transpired since, but for now he's just trying to prove to himself and teammates that he can get the job done.

"Really I have my own expectations," the 27-year-old said. "I have to look myself in the mirror. That's the person I try and prove. Every day it's about just trying to get better and not giving up and just competing. It's not so much about what other people think. It's always been what I can do."

So what does Reimer see when he looks in the mirror?

"Just a guy that's having fun," he said with a laugh. "I try and go out there and work hard in practice every day, so when I step on the ice I know I've prepared myself the best I can."

That preparation came from working with goaltending consultant Lyle Mast and new goaltending coach Steve Briere. Reimer struggled at the onset but has since seized the chance to be the No. 1 goalie with Bernier hurt and not on top of his game.

After Bernier struggled in Sunday night's 4-3 loss at the New York Rangers, coach Mike Babcock quickly told reporters that he was turning back to Reimer against the Avalanche.

"We're in the winning business," Babcock said. "You've got to earn your own confidence. That's how the league is."

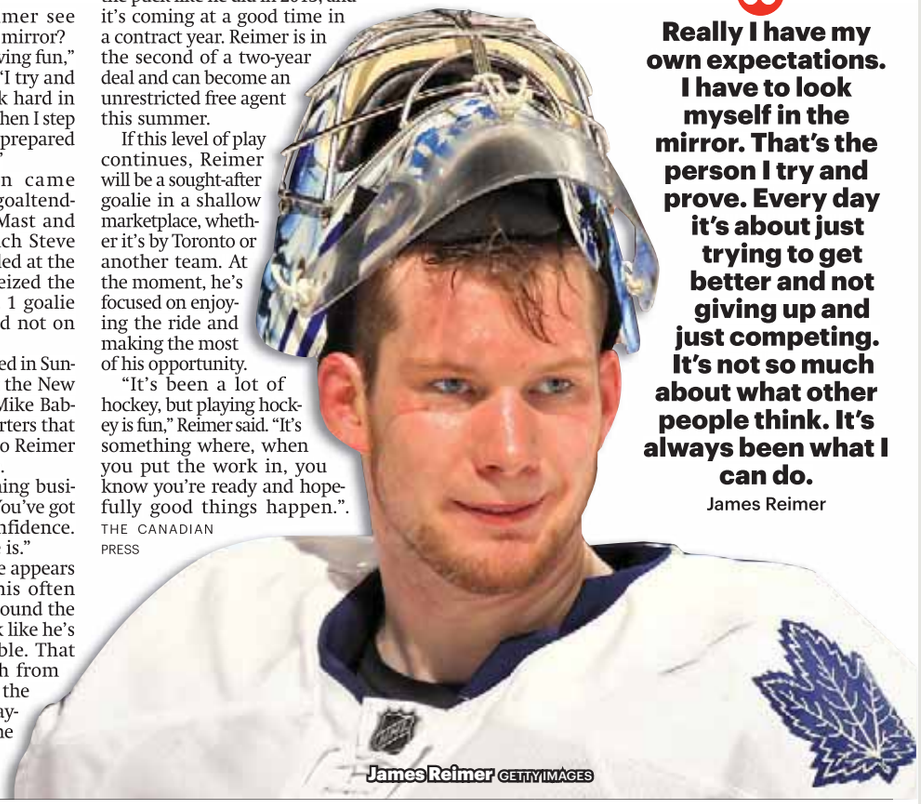
Reimer's confidence appears high, even though his often flailing style in and around the crease makes him look like he's not totally comfortable. That hasn't changed much from 2013, when he helped the Leafs to their only playoff appearance since the 2005-06 lockout.

The Morweena, Man., native is back to stopping the puck like he did in 2013, and it's coming at a good time in a contract year. Reimer is in the second of a two-year deal and can become an unrestricted free agent this summer.

If this level of play continues, Reimer will be a sought-after goalie in a shallow marketplace, whether it's by Toronto or another team. At the moment, he's focused on enjoying the ride and making the most of his opportunity.

"It's been a lot of hockey, but playing hockey is fun," Reimer said. "It's something where, when you put the work in, you know you're ready and hopefully good things happen.".

THE CANADIAN PRESS



James Reimer GETTY IMAGES

> **Really I have my own expectations. I have to look myself in the mirror. That's the person I try and prove. Every day it's about just trying to get better and not giving up and just competing. It's not so much about what other people think. It's always been what I can do.**
> James Reimer

CFL

Pending free agent Ray wants to stay an Argonaut

Ricky Ray heads into an uncertain off-season. The Toronto Argonauts' veteran quarterback met Monday for the last time with head coach Scott Milanovich following the club's heartbreaking 25-22 East Division semifinal loss to the Hamilton Tiger-Cats on Sunday. Ray, 36, is scheduled to become a free agent in February.

"That (uncertainty) is part of a new thought for me," he said. "I didn't spend a lot of time thinking about it but it was definitely something that went through my mind a little bit.

"It was just a weird year as far as rehabbing and coming off an injury. There's a lot of exciting things happening here with the new ownership and stadium so this is a place you'd want to play at and hopefully I'm here." This wasn't a typical year for Ray. The 13-year veteran spent the first half of the season recovering from off-season shoulder surgery before returning as a backup to Trevor Harris, another pending free agent. Ray started Toronto's final three games — including Sunday's semifinal loss — but had never fully recovered from his injury. His off-season priority will be continuing to regain his arm strength.

"I'd like to play a few more years but at this point it's kind of one year at a time," Ray said.

"Mentally and the drive, I feel like I still have a lot of that left.

"Obviously it's going to be a physical thing now."

It was also a bizarre year for Toronto as the Pan Am Games and scheduling issues at Rogers Centre forced the club to relocate four of its nine home games to Fort McMurray, Alta., Ottawa and Hamilton (two). Still, the Argos went 7-6 on the road and 10-8 overall to finish third in the East Division.

THE CANADIAN PRESS

Injury meant it wasn't a typical season for Toronto's veteran QB Ricky Ray. DEREK LEUNG/GETTY IMAGES

> **There's a lot of exciting things happening here with the new ownership and stadium, so this is a place you'd want to play at, and hopefully I'm here.** Ricky Ray on the Argos

IN BRIEF

Canada moves up to 7th in basketball rankings

Canada has climbed two spots to seventh on the FIBA combined men's and women's world basketball rankings. The Canadian women won both the FIBA Americas Olympic qualifying tournament in Edmonton, and the Pan American Games in Toronto.

The men were third at their FIBA Americas tournament, enough to guarantee them a spot in a last-chance Olympic qualifying tournament next year.

The United States, Spain, France, Australia, Russia and Argentina continue to hold down the top six spots. THE ASSOCIATED PRESS

Manning benched for Broncos' next game

Peyton Manning won't suit up against the Chicago Bears on Sunday. Denver Broncos coach Gary Kubiak is going with backup Brock Osweiler as he tries to get his 39-year-old quarterback healthy.

Manning, who completed just five of 20 passes for 35 yards with four interceptions Sunday in Denver's 29-13 loss to Kansas City, is dealing with a variety of ailments, including a torn plantar fascia in his foot, according to reports.

THE ASSOCIATED PRESS

Bryant, Correa named rookies of the year

Chicago Cubs third baseman Kris Bryant was a unanimous pick as NL Rookie of the Year, and Houston Astros shortstop Carlos Correa was voted the AL honour.

Bryant made his debut on April 17 and became an NL all-star. The 23-year-old hit .275, leading big-league rookies with 26 homers, 31 doubles and 99 RBIs.

Correa, 21, made his debut June 8 and hit .279 with 22 homers, 68 RBIs and 14 steals.

THE ASSOCIATED PRESS

Kris Bryant and Carlos Correa THE ASSOCIATED PRESS

Raps brace for near-perfect Warriors

NBA

Curry-led reigning champs show few flaws

The Golden State Warriors have not reinvented basketball, nor have they absolutely perfected the way game is played but it's hard to imagine a team dominating in so many ways as they are in the early stages of the NBA season.

They have the league's most explosive and diversified offence orchestrated by the current most valuable player and his era-defining skills.

They are as proficient at defence as they are at offence, but they are not unstoppable, though it must seem that way these days.

So into the cauldron of the Oracle Arena go the Raptors, still reeling from coughing up what looked like a certain win on Sunday in Sacramento.

The Warriors (11-0) are the early season benchmark for other NBA teams to try to reach; they have not missed a beat since winning the championship last June.

> **It's tough for him to put these numbers up for 82 games but he surprises us every night.**
>
> Klay Thompson of his teammate Stephen Curry

Their driving force is not hard to figure out.

Stephen Curry is averaging 33.4 points per game despite sitting out an average of more than a quarter each game. He has made 57 three-pointers in 11 games, well on his way to eclipsing his league-record 286 set a season ago.

"Man, I'm a fan," Raptors guard Kyle Lowry said. "I'm a fan of the game and I'm a fan of what he's been able to do and how he's been able to get better. As a basketball fan, it's pretty impressive, but tomorrow I'm definitely going to be a competitor."

TORSTAR NEWS SERVICE

Stephen Curry, left, and Klay Thompson — a.k.a. the Splash Brothers — have the Warriors atop the league with a record of 11-0. DAVID SHERMAN/NBAE VIA GETTY IMAGES

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RECIPE White Chili

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

Is it wrong that we're kind of jealous of you getting to try this creamy, zesty twist on chilli for the first time?

Ready in
Prep time: 25 minutes
Serves 4

Ingredients
- 1 lb chicken breast, cut into inch cubes
- 1 onion, diced
- 2 or 3 garlic cloves, minced
- 2 x 14 oz cans of cannelini beans
- 2 cups low-sodium chicken stock
- 2 Tbsps lime juice
- 1 tsp cumin
- 1 tsp oregano
- 1 Tbsp chili powder
- 1 cup greek yogurt
- Salt and pepper to taste
- 1/3 cup fresh cilantro for garnish

Directions
1. Brown the chicken over medium heat in small batches — don't worry about cooking it through. Remove from the pan and place on a plate. Set aside.
2. Sauté the onions and garlic until they start to smell fantastic. Now add the spices and let them cook for a minute or two. Add the beans, broth and add the chicken back. Simmer for about 20 minutes.
3. Turn the heat down and stir in the yogurt. Add the lime juice and salt and pepper to taste. Serve with a good sprinkling of cilantro.

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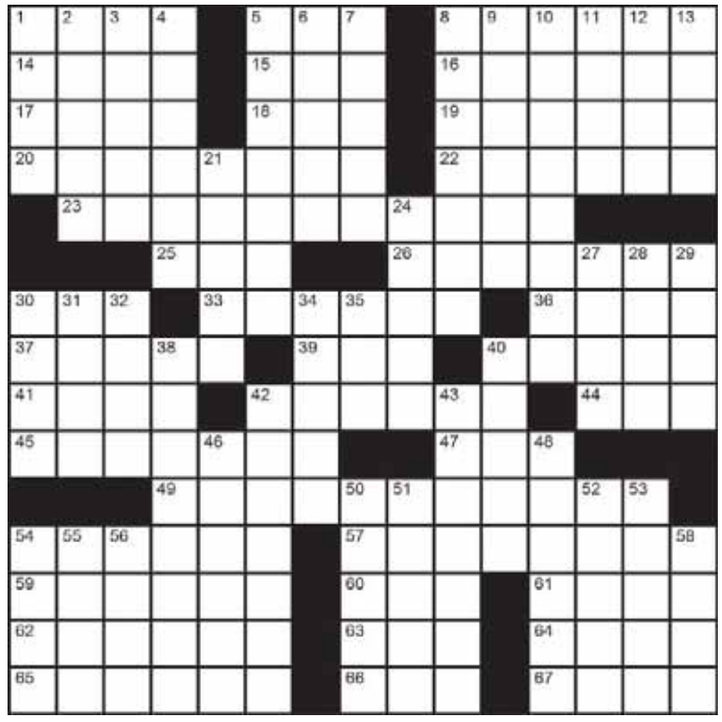
CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. "Who Let the Dogs Out" by __ Men
5. Tank's filling
8. Thronged
14. Some brand name electronics
15. Old English letter
16. Visiting the Trevi Fountain or Colosseum: 2 wds.
17. Popular painting flower
18. Born, in society notices
19. "Casino" (1995) actress Ms. Stone
20. Puts on the kettle, drops a bag into the cup...: 2 wds.
22. Truthful
23. Stewart __ (Canadian co-founder of #33-Across)
25. Mystery novelist Ms. Grafton
26. Glow
30. Mr. Diesel
33. Photos-sharing website
36. Switchblade
37. Taylor Swift's "Shake __ __"
39. Shoe part
40. The South __ (Area near Montreal)
41. Neutral tone
42. French animal rights activist Brigitte
44. Hankering
45. Business school for Donald Trump
47. Red Chamber fig.
49. Russian-born Hollywood movie producer who headed MGM and is an honoured member of Canada's Walk of Fame having been raised in Saint John, New Brunswick: first name + initial + surname
54. Dupe, archaically
57. Brit's "Bye-bye!"
59. Approximately
60. Entries
61. Sea wolf
62. "__ Nights" (1997) starring Burt Reynolds and Mark Wahlberg
63. Spud-exporting prov.
64. 'Neat' and 'Beat' suffixes
65. Old Testament's Book of __
66. 'Heir' suffix
67. Faxed

DOWN
1. Hat part
2. "Don't be such _ __!" (Stop being so grouchy)
3. Verse form of Japan
4. Holdings
5. Well mannered
6. "Doe _ __...": Lyric snippet in "The Sound of Music" (1965)
7. Bundle
8. Get what someone said wrong
9. Waiting to be connected: 2 wds.
10. Wield, as a knife
11. Drill hole
12. Goth music fans
13. Car ding
21. Things
24. Galled
27. Yo! from a yacht
28. Get weary
29. Level
30. Perspective
31. Longing
32. Ms. Ephron
34. Frances __ (Belleville, ON born writer who is a Member of the Order of Canada. Her bestsellers include Deafening and #51-Down.)
35. __ anglais (English horn)
38. Soldier's temporary leave
40. Place
42. City in Colorado
43. Gradual method of learning
46. $2 coin
48. Stockings
50. R.E.M. singer Michael
51. Remembering the __ (Novel by #34-Down)
52. Spooky
53. __ '__' Roll
54. Pig in the movies
55. Cupid's Greek counterpart
56. Height measurement
58. Brewer's kiln

IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
If there's something about your situation that you don't like there's nothing stopping you from changing it. But first, ask yourself if you really dislike it or if you're just bored.

Taurus April 21 - May 21
Something will happen that catches you by surprise. It may not be an enjoyable one but if you are honest with yourself you'll admit that you needed a kick to get moving again.

Gemini May 22 - June 21
It may feel as if you are running out of time but it isn't true. Time never runs out — there will always be another chance, and another after that, a bit further down the road. Don't put so much pressure on yourself.

Cancer June 22 - July 23
Don't let other people's cautious ways hold you back from trying something new. Taking chances pays off for you more often than not, so follow your instincts.

Leo July 24 - Aug. 23
As a general rule you don't like surprises but what happens next will not only surprise you but please you as well. If you are invited to a social event you must go.

Virgo Aug. 24 - Sept. 23
Look for ways to settle a dispute agreeably today. If you allow it to drag on it may distract you from more important things. Even if you are the one who is owed an apology it will pay you to say sorry yourself.

Libra Sept. 24 - Oct. 23
You won't be able to please everyone today, so decide who is of most importance to you and focus on doing what makes them feel good. Better yet, do what makes you feel good.

Scorpio Oct. 24 - Nov. 22
Give a helping hand with no thought of reward. With the Sun in your sign chances are you don't want for anything but not everyone is as fortunate as you, so spread a little joy.

Sagittarius Nov. 23 - Dec. 21
You want to be dynamic but something seems to be holding you back. Wait until the Sun moves into your sign on the 22nd, then you can be sure that you are doing the right thing and making the right moves.

Capricorn Dec. 22 - Jan. 20
It may seem as if certain things are beyond your control. Don't get depressed about it. Life moves in cycles and if you are on a downward curve you'll be on an upward curve soon.

Aquarius Jan. 21 - Feb. 19
All routes lead to your ultimate destination, so don't think you have to change direction if you are not making as much progress as you would like. It's not where you go but what you learn along the way that matters.

Pisces Feb. 20 - March 20
Someone will make you the kind of offer you find hard to believe but if you don't take it seriously you will kick yourself later when you realize that it was on the level.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

				7				
		2					1	
	7	6	3		9			
		3	2	4		7		
4			9		7			6
		8		3	1	5		
			5		6	3	8	
	5					2		
				8				

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4	2	1	9	5	7	3	6	8
8	5	9	3	4	6	2	7	1
3	6	7	1	8	2	4	5	9
9	3	2	6	7	4	8	1	5
6	1	8	5	2	3	9	4	7
7	4	5	8	9	1	6	2	3
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1	9	3	4	6	5	7	8	2
5	7	4	2	3	8	1	9	6

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